



HERBALIFE.

Independent Distributor

+61 425 768 572

Daily Nutrition Needs for Adults Australia

A couple that loves nutrition, fitness and helping people reach their fitness goals.

We're in love with a healthy lifestyle made simple and fun. We hope to motivate you on your journey to become healthier and happier.

We are so pumped to share our online transformation challenge with you! There is no better time than now to get healthier.



30 Day Challenge

Nutrition & Planning

- Personalised nutrition program
- Snack List
- Grocery List
- Recipe Ideas
- Detailed Meal Plans

Support & Motivation

- 24/7 motivational chat
- One-on-one coaching

We teach people how to live a healthy, active lifestyle with provided support and motivation on your journey to a happy and healthier you.

Your Coaches

Who are we?

A couple committed to helping others change their lives!

What we do is simple

We teach people from around the world about proper nutrition and inspire them to live a healthy and active lifestyle with our online body transformation challenge.

We aim to connect with our members on a personal level and are literally there for support around the clock. This in many cases leads to unbreakable, family like bonds.

We love what we do. It's who we are!!

Let's start your transformation!!



Our Start!

Before Herbalife Patrick was a Personal Trainer working long hours but could not get ahead of the bills every month. Christina just finished University and could not imagine herself dedicating her life to build someone else's dream and being stuck in the office at an 9 to 5 Job.

Long story short, we got started on the products and got awesome result: Patrick gained lean mass and the energy he desperately needed. Christina struggled with her weight all her life and finally managed to transform her body, lost 8 kg and build lean mass as well.

We found the Herbalife opportunity and went full force with no excuses since day one. Herbalife can be very rewarding monetarily but to us it represents lives changed around the world.

We have a solid business, we spend our days together, work together but most importantly we have the time. Health and time, what a combination!

"Remember, if you don't go after your dreams you'll end up working for someone else who did!"